

# CLAY HOUSE

The clay house is about exploring positive thinking and how can we make them grow. Participants are guided through hand building techniques to create a vessel of their own design.

This can be adapted to suit your intent, and is a process that will continue over a few weeks, requiring participants to plant in their own time.

Creating with clay does come with a warning due to how sensory it is in nature

## OUTCOMES

- Mindfulness
- Personal Growth
- Positive thinking
- Sensory



shed

[WWW.SHEDARTTHERAPY.COM.AU](http://WWW.SHEDARTTHERAPY.COM.AU)



## INVESTMENT & INCLUSION

2 hr on site support  
all art supplies are included.

\$220pp

min 6 max 12 participants

