

B&W FILM PHOTOGRAPHY

This is ideal for groups who are looking to engage and connect with mindfulness, disconnecting from the digital media and encouraging participants to be present in the surrounds.

Already successfully facilitated to disengaged youth and disability group, it's easy to see how this could be a great opportunity for any group.

A community group is open to anyone that is interested in this as a creative practice.

OUTCOMES

- Mindfulness
- Positive thinking
- Reflection



shed

WWW.SHEDARTTHERAPY.COM.AU



INVESTMENT & INCLUSION

2 hr on site support
all art supplies are included.

\$180pp
min 5 max 6 participants

